

Assessing Health & Wellness Resources in Community Environments in Wilson County: Survey Data Report

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What we will discuss


- What is the Community Environments Assessment and why did Wilson County do it?
 - Participation goals
- Survey data & priorities by community sector: county Level
- Compare community-level priorities with county-level priorities
- Next steps: focus groups

What is the Community Environments Assessment?

- ▀ What is measured
 - ▀ Health beliefs
 - ▀ Definition of health & wellness
 - ▀ Perceptions/beliefs of influences on health & wellness
 - ▀ Healthcare system
 - ▀ Personal choices/behaviors
 - ▀ Environments
 - ▀ Community Environments: Awareness of existing and desire for additional health & wellness resources in eight community sectors/ environments
 - ▀ Demographics


Why do a community assessment?

- ▀ A community's population can only be as healthy as their community allows with health and wellness resources and healthy environments provided
- ▀ As important as access to healthcare is, healthcare alone does not determine the health of a community.
- ▀ It is critical that communities work collaboratively to develop and implement plans using the data that has been collected. This is NOT the time for individuals or individual agencies to try to work alone to further their own agendas!



What will Wilson County get out of it?

- Data to inform planning
- Community ownership/buy-in to modifying community environments to support healthy choices
- A community that is attractive to millennials
- **A healthier community**

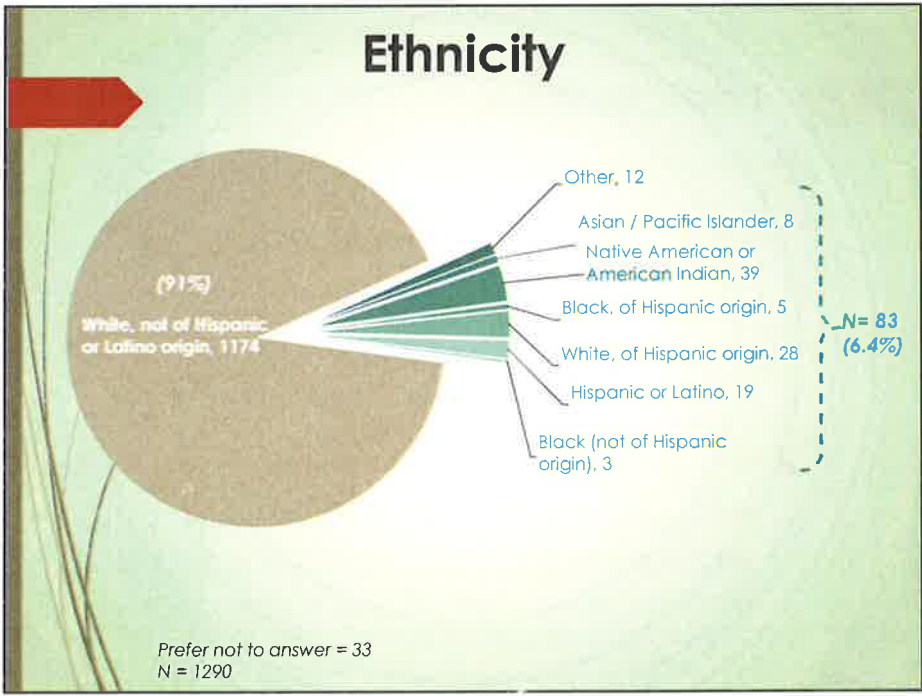


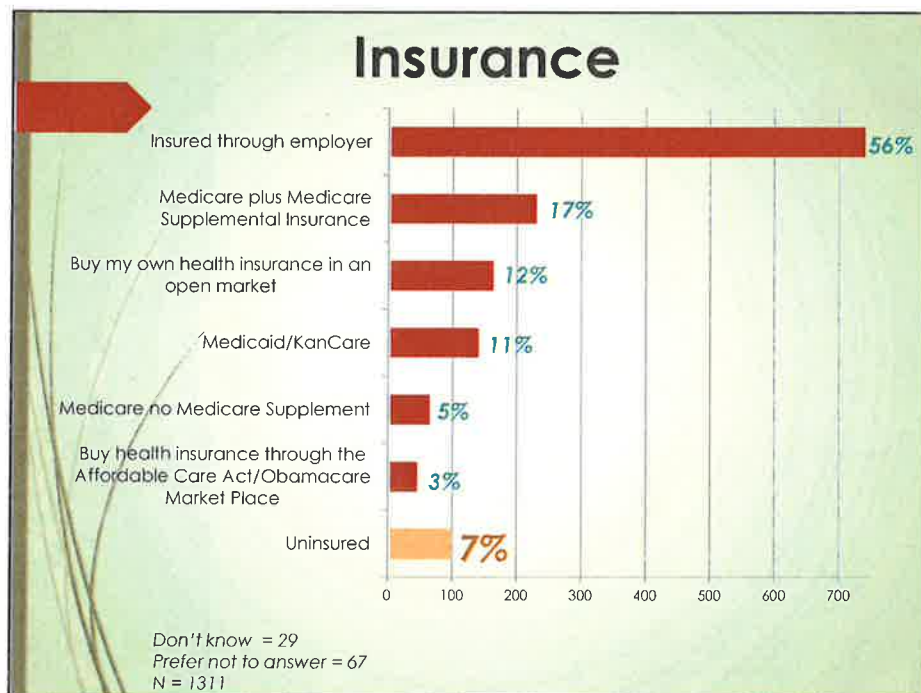
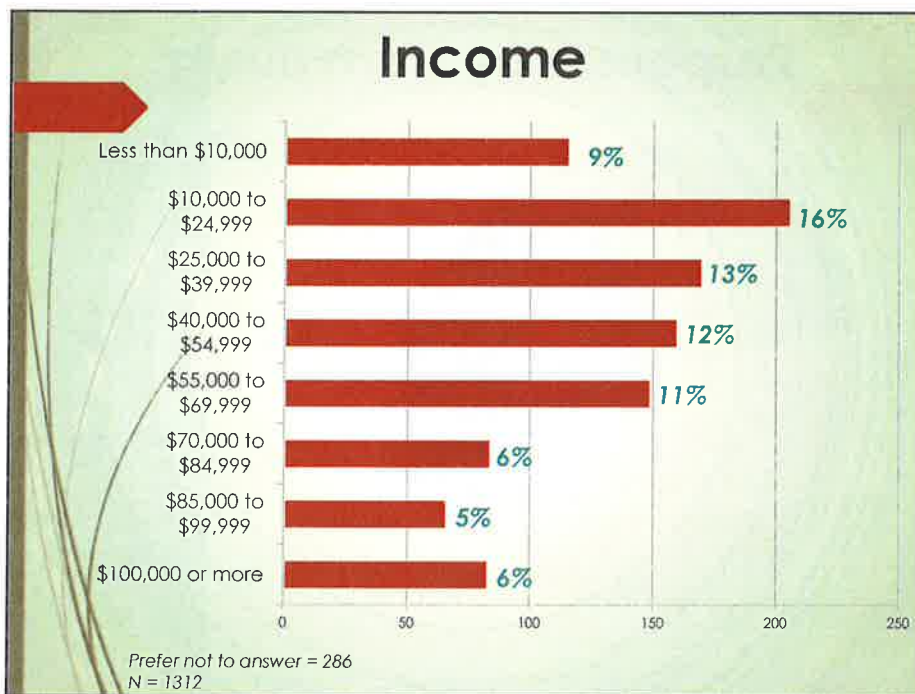
Participation

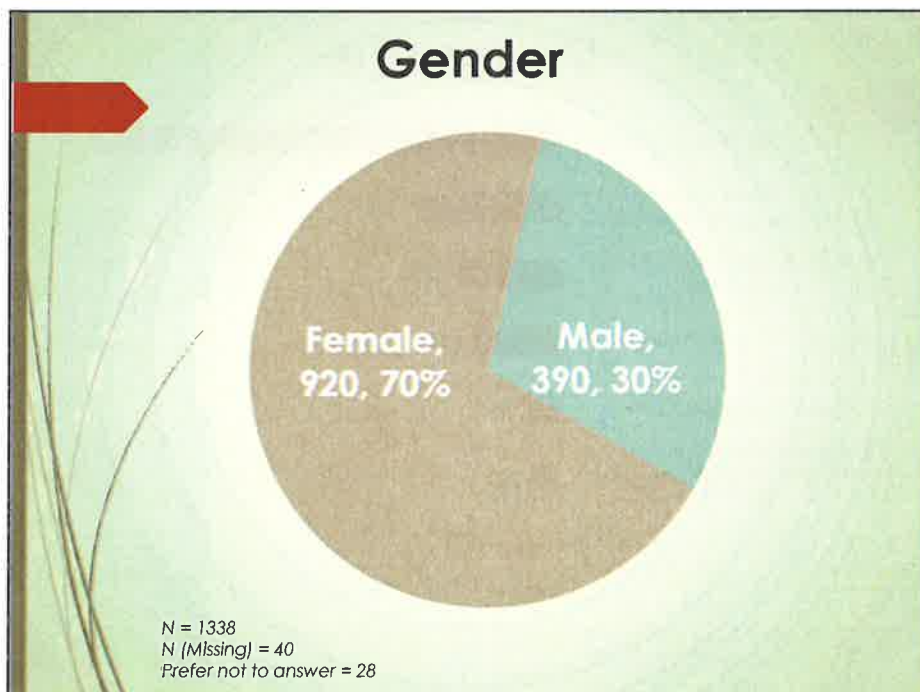
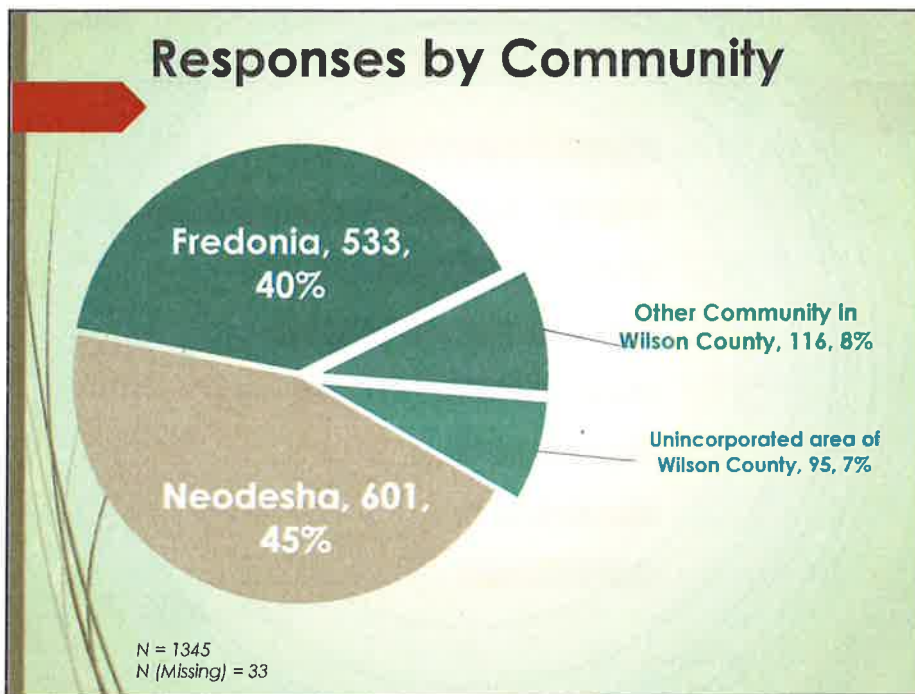
- Goal: One completed survey from 80% of households in Fredonia, and Neodesha/60% of all households in Wilson County
 - 835 surveys in Fredonia (80% of households)
 - 825 surveys in Neodesha (80% of households)
 - 2,274 total surveys in Wilson County (60% of all households in Wilson County)
- Actual participation
 - 533 surveys in Fredonia (51% of households)
 - 601 surveys in Neodesha (58% of households)
 - 1,345 total surveys in Wilson County (35% of all households in Wilson County)



Demographic Information: Who responded to the Survey?

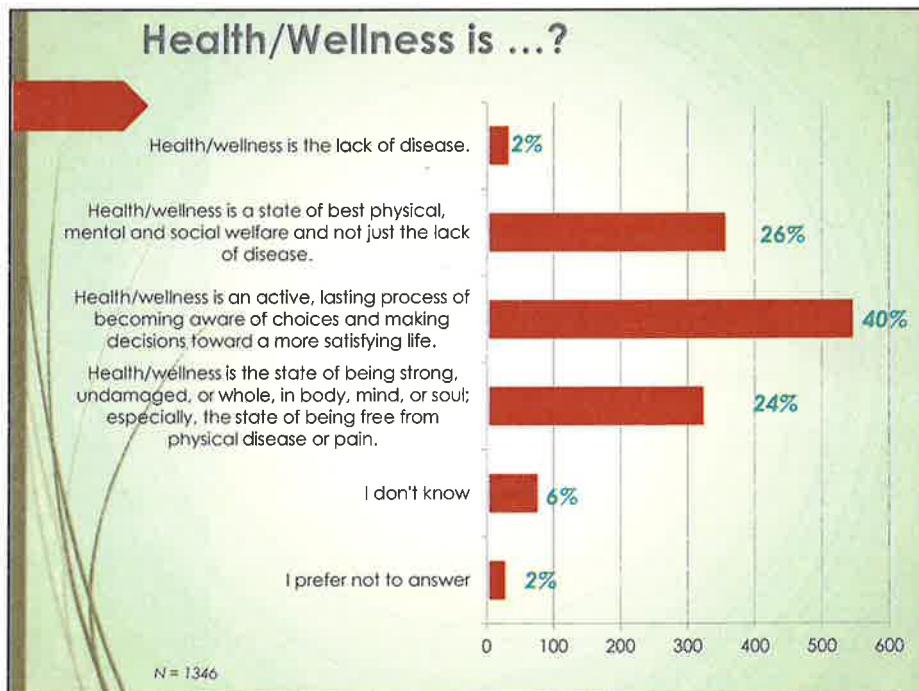


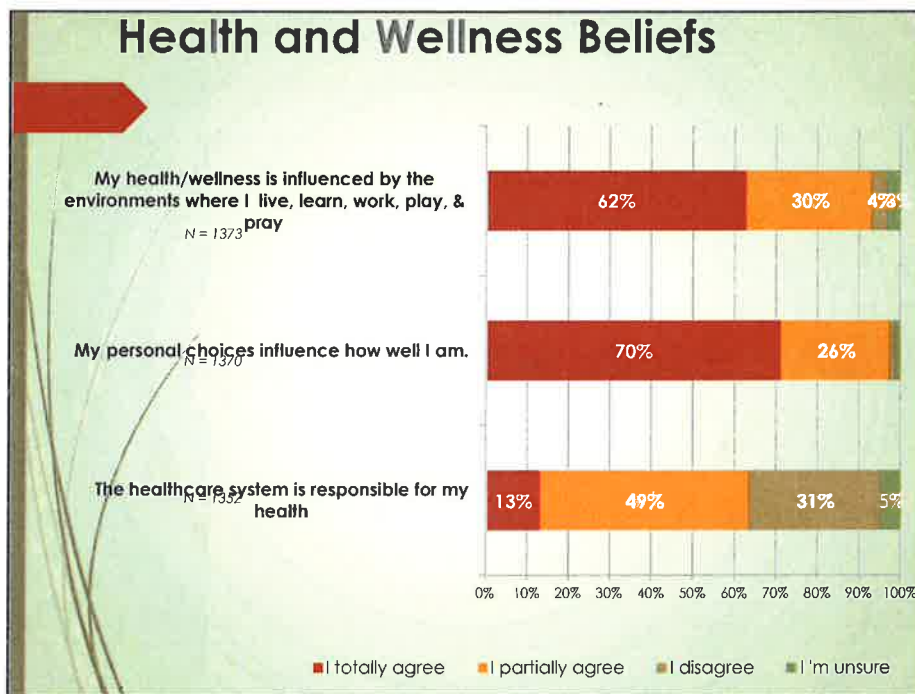




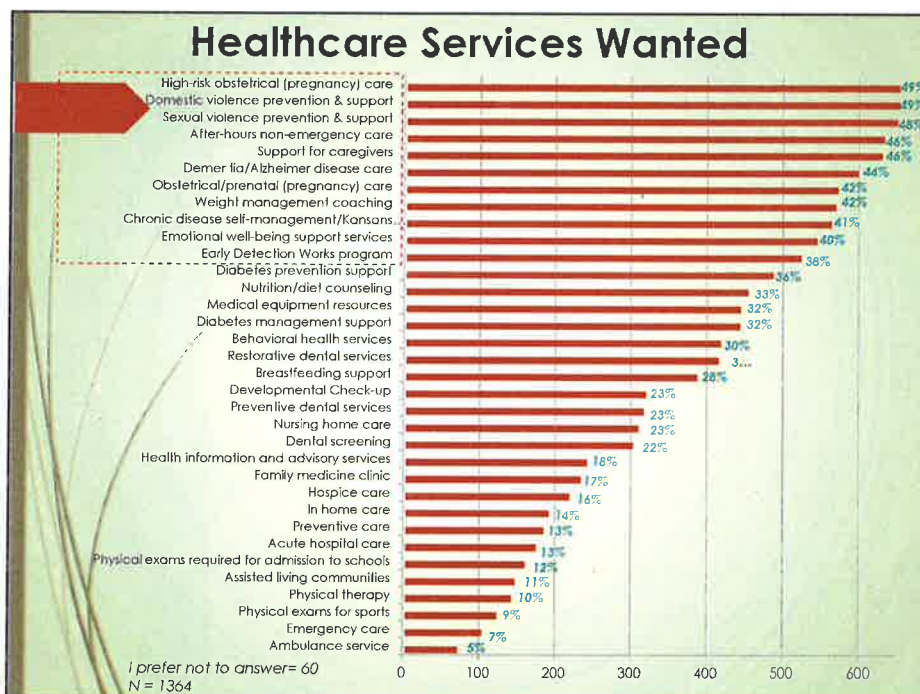
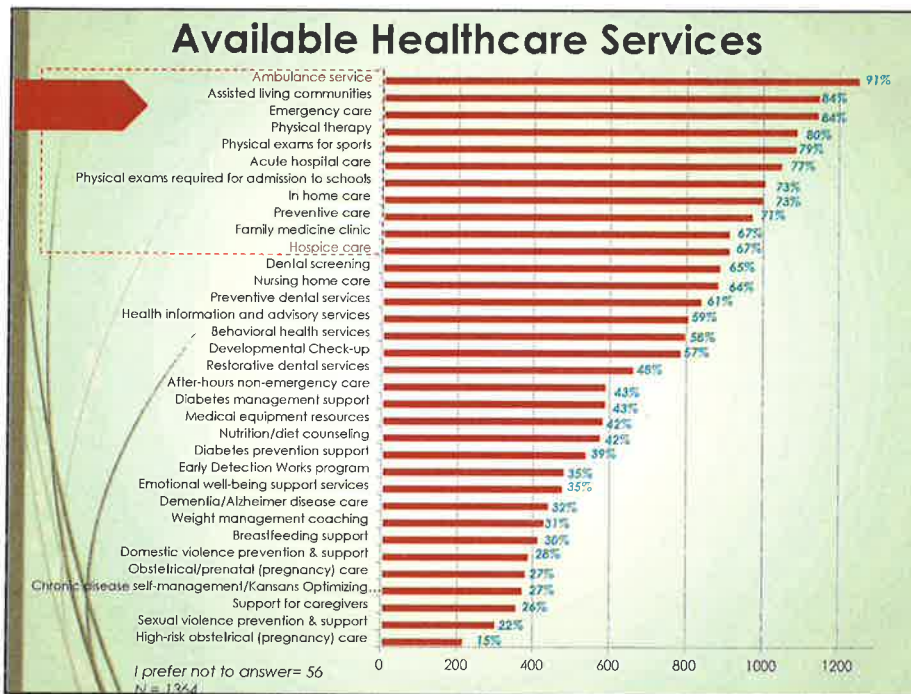


Health and Wellness Beliefs





Health and Wellness Resources: Healthcare Sector



Most Wanted Healthcare Sector Resources by County & Community

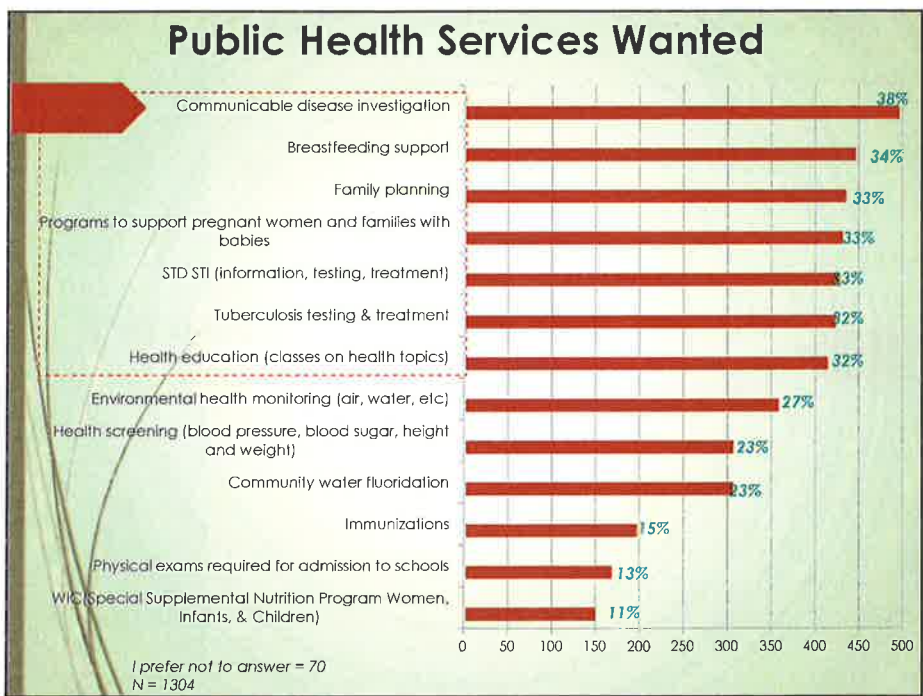
- High risk obstetrical care (49%). 15% think this resource is available.
 Neodesha (52%/16%) Fredonia (48%/15%)
- Domestic violence prevention and support (49%). 28% think this resource is available.
 Neodesha (52%/26%) Fredonia (48%/30%)
- Sexual violence prevention and support (48%). 22% think this resource is available.
 Neodesha (48%/22%) Fredonia (49%/22%)
- After-hours non-emergency care (46%). 43% think this resource is available.
 Neodesha (51%/42%) Fredonia (41%/46%)
- Support for caregivers (46%). 26% think this resource is available.
 Neodesha (46%/28%) Fredonia (46%/25%)
- Dementia/Alzheimer's disease care (44%). 32% think this resource is available.
 Neodesha (44%/35%) Fredonia (44%/29%)
- Obstetrical/prenatal care (42%). 28% think this resource is available.
 Neodesha (46%/28%) Fredonia (42%/25%)
- Weight management coaching (42%). 31% think this resource is available.
 Neodesha (43%/31%) Fredonia (41%/32%)

Additional Most Wanted Healthcare Sector Resources by Community (want/currently available)

- Neodesha
 - Chronic disease self-management/Kansans Optimizing Health (44%/26%)
 - Emotional well-being support services (42%/34%)
 - Diabetes prevention support (37%/39%)
 - Medical equipment resources (36%/41%)
 - Diabetes management support (35%/41%)
- Fredonia
 - Chronic disease self-management/Kansans Optimizing Health (40%/28%)
 - Emotional well-being support services (38%/37%)
 - Early Detection Works program (mammography for uninsured women) (37%/35%)
 - Nursing home care (36%/46%)
 - Diabetes prevention support (35%/39%)

Health and Wellness Resources: Public Health Sector

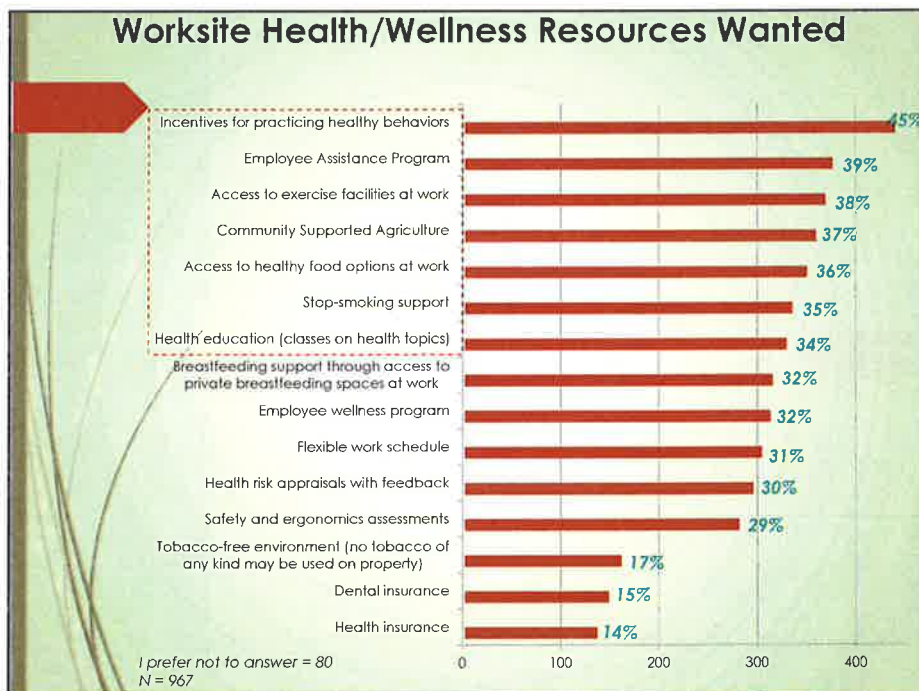
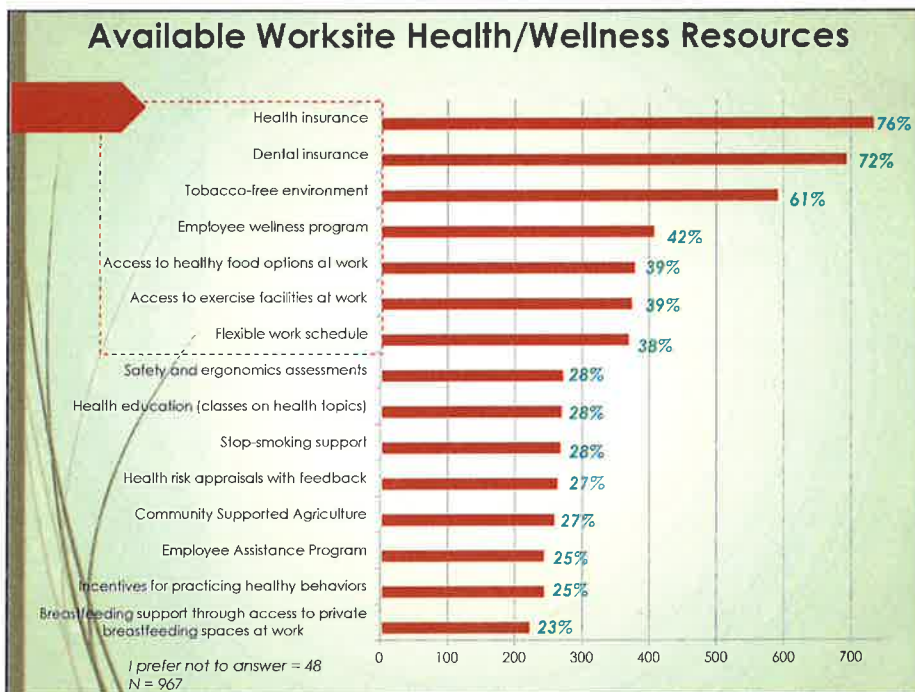




Additional Most Wanted Public Health Sector Resources by Community (want/currently available)

- Nepal:
 - Environmental health monitoring (air, water, etc) [34%/42%]

Health and Wellness Resources: Worksites Sector



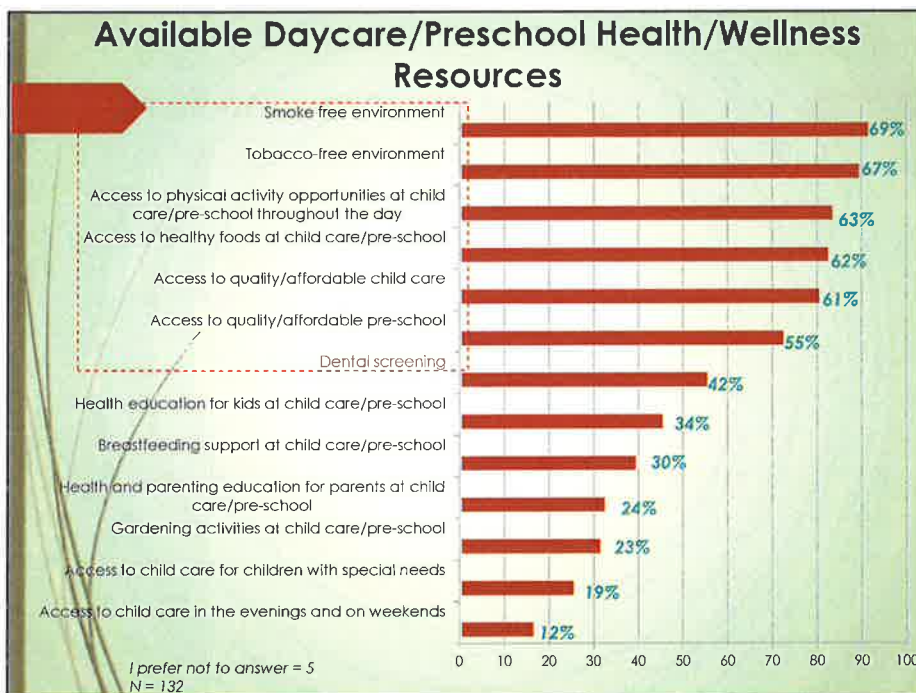
Most Wanted Worksites Sector Resources by County & Community

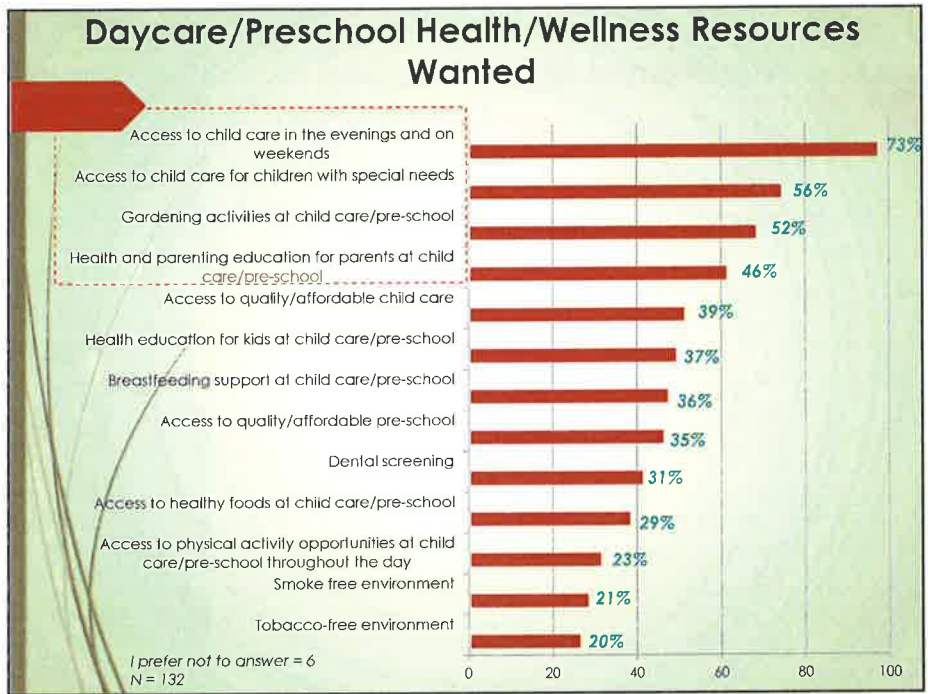
- Incentives for practicing healthy behaviors (45%). 25% thought this was available.
Neodesha (42%/27%) Fredonia (50%/21%)
- Employee Assistance Program (39%). 25% thought this was available.
Neodesha (30%/45%) Fredonia (37%/28%)
- Access to exercise facilities at work (38%). 39% thought this was available.
Neodesha (38%/37%) Fredonia (40%/39%)
- Community supported agriculture (37%). 27% thought this was available.
Neodesha (38%/23%) Fredonia (38%/29%)
- Access to healthy food options at work (36%). 39% thought this was available.
Neodesha (37%/40%) Fredonia (38%/38%)
- Stop-smoking support (35%). 28% thought this was available.
Neodesha (36%/27%) Fredonia (35%/28%)
- Health education – classes on health topics (34%). 28% thought this was available.
Neodesha (34%/28%) Fredonia (35%/26%)

Additional Most Wanted Worksites Sector Resources by Community (want/currently available)

- Neodesha
 - Breastfeeding support through access to private breastfeeding spaces at work (33%/21%)
- Fredonia:
 - Employee wellness program (35%/40%)
 - Breastfeeding support through access to private breastfeeding spaces at work (33%/26%)
 - Health risk appraisals with feedback (31%/28%)
 - Safety and ergonomic assessments (31%/28%)


Health and Wellness Resources: Daycare/Preschool Sector





Most Wanted Daycare/Preschool Sector Resources by County & Community

- Access to child care in the evenings and on weekends (73%). 12% thought this was available.
 Neodesha (75%/13%) Fredonia (76%/10%)
- Access to child care for children with special needs (56%). 19% thought this was available.
 Neodesha (61%/15%) Fredonia (50%/21%)
- Gardening activities at child care/pre-school (46%). 23% thought this was available.
 Neodesha (48%/27%) Fredonia (57%/19%)
- Health and parenting education for parents at child care/pre-school (37%). 24% thought this was available.
 Neodesha (48%/21%) Fredonia (43%/33%)

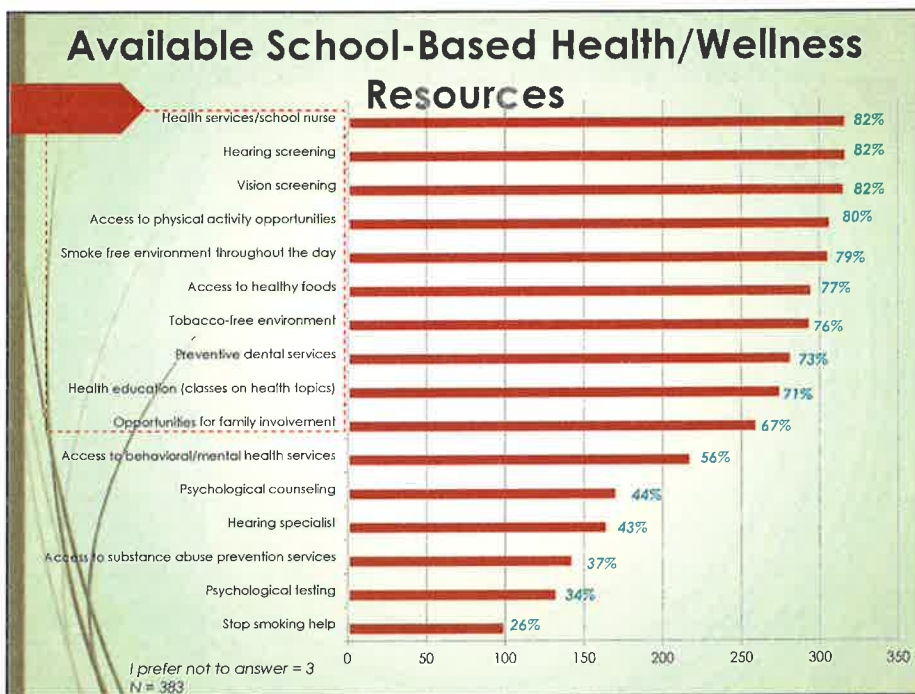


Additional Most Wanted Daycare/Preschool Sector Resources by Community (want/currently available)

- Neodesha
 - Breastfeeding support at child care/pre-school - use of pumped breast milk (37%/25%)
 - Dental screening (35%/39%)
 - Access to quality/affordable pre-school (34%/55%)
 - Health education for kids at child care/pre-school (32%/35%)
- Fredonia
 - Health education for kids at child care/pre-school (40%/40%)
 - Breastfeeding support at child care/pre-school - use of pumped breast milk (33%/40%)
 - Access to quality/affordable pre-school (31%/55%)



Health and Wellness Resources: Schools Sector



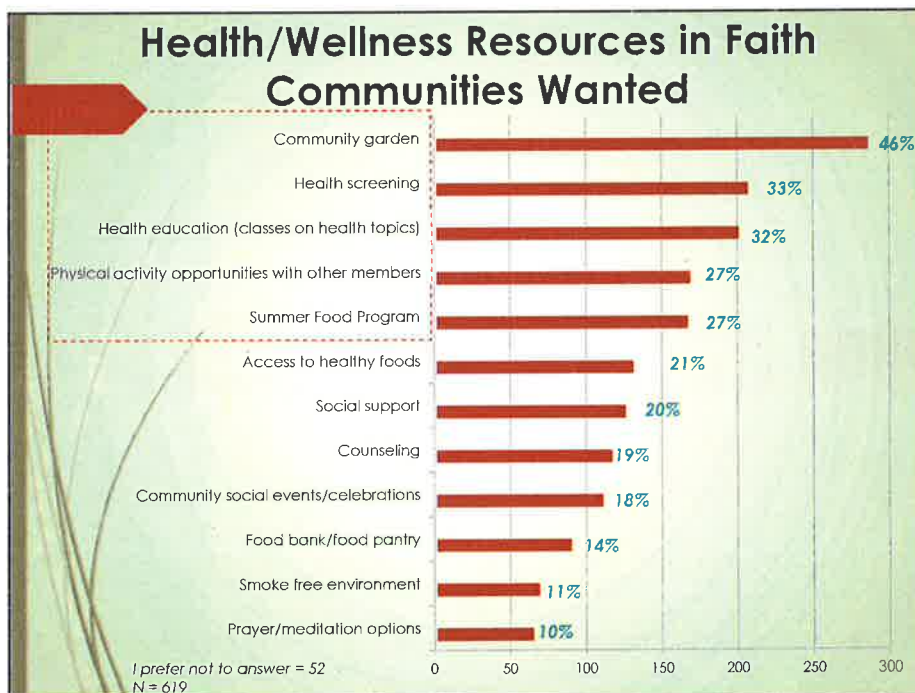
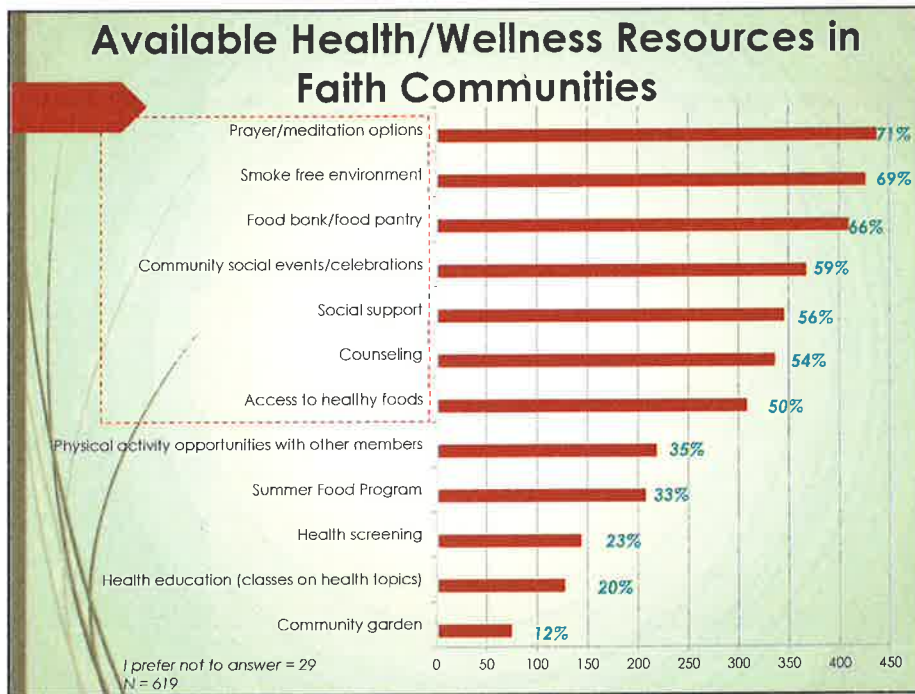


Most Wanted Schools Sector Resources by County & Community

- Access to substance abuse prevention services (39%). 37% thought this was available.
Neodesha (40%/33%) Fredonia (35%/41%)
- Stop smoking help (38%). 26% thought this was available.
Neodesha (37%/27%) Fredonia (38%/27%)
- Psychological testing (36%). 34% thought this was available.
Neodesha (37%/33%) Fredonia (33%/37%)
- Hearing specialist (33%). 43% thought this was available.
Neodesha (37%/40%) Fredonia (27%/45%)
- Psychological counseling (32%). 44% thought this was available.
Neodesha (34%/41%) Fredonia (27%/49%)
- Access to behavioral/mental health services (31%). 36% thought this was available.
Neodesha (34%/52%) Fredonia (27%/63%)



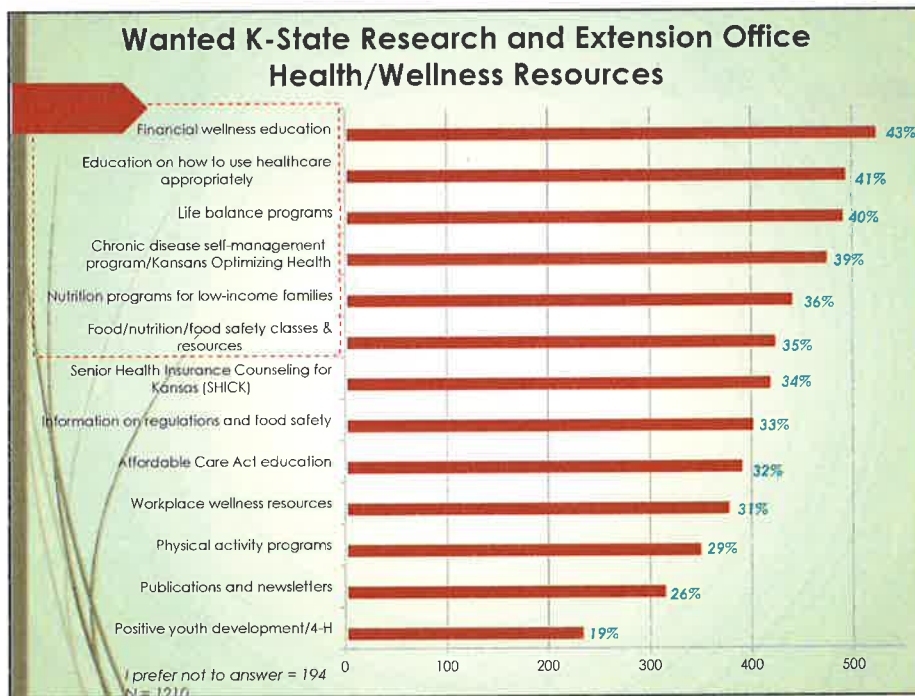
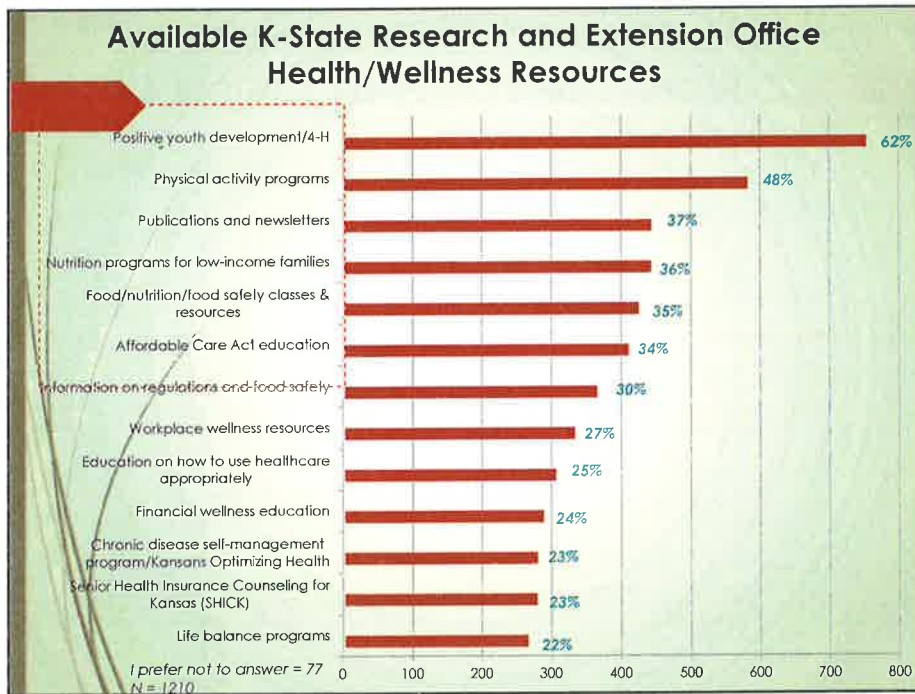
Health and Wellness Resources: Faith Communities Sector



Most Wanted Faith Communities Sector Resources by County & Community

- Community garden (46%). 12% thought this was available.
Neodesha (48%/10%) Fredonia (45%/57%)
- Health screening (33%). 23% thought this was available.
Neodesha (34%/19%) Fredonia (36%/27%)
- Health education – classes on health topics (32%). 20% thought this was available.
Neodesha (34%/17%) Fredonia (33%/25%)
- Physical activity opportunities with other members (27%). 35% thought this was available.
Neodesha (27%/33%) Fredonia (29%/40%)
- Summer food program (27%). 33% thought this was available.
Neodesha (27%/35%) Fredonia (26%/34%)

Health and Wellness Resources: K-State Research & Extension



Most Wanted K-State Research & Extension Resources by County & Community

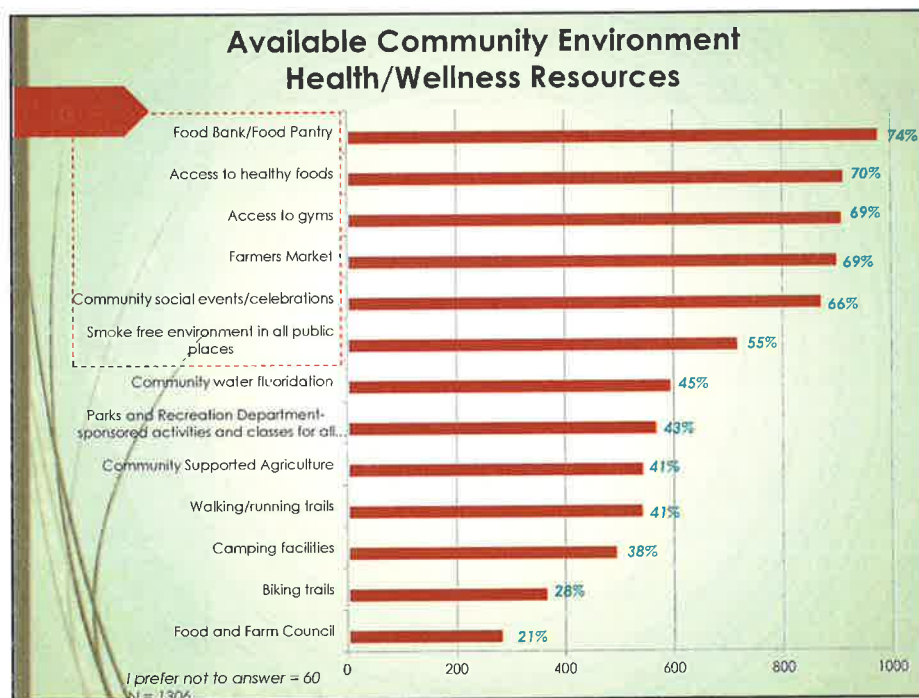
- Financial wellness education (43%). 24% thought this was available.
 Neodesha (48%/21%) Fredonia (41%/25%)
- Education on how to use healthcare appropriately (41%). 25% thought this was available.
 Neodesha (46%/22%) Fredonia (37%/29%)
- Life balance programs (40%). 22% thought this was available.
 Neodesha (45%/20%) Fredonia (38%/23%)
- Chronic disease self-management program (39%). 23% thought this was available.
 Neodesha (42%/22%) Fredonia (38%/24%)
- Nutrition programs for low-income families (36%). 36% thought this was available.
 Neodesha (42%/32%) Fredonia (32%/41%)
- Food/nutrition/food safety classes & resources (35%). 35% thought this was available.
 Neodesha (41%/30%) Fredonia (30%/40%)

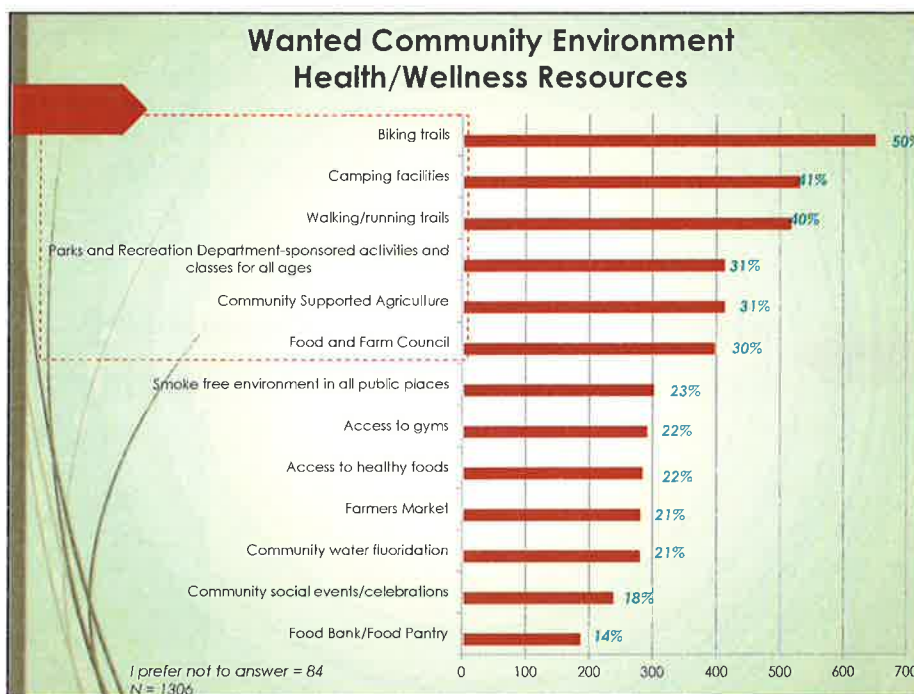
Additional Most Wanted K-State Research & Extension Resources by Community (want/currently available)

- Neodesha

 - Senior Health Insurance Counseling for Kansas (SHICK) (39%/20%)
 - Affordable Care Act education (36%/32%)
 - Information on regulations and food safety (36%/26%)


Health and Wellness Resources: Community Environment Sector





Most Wanted Community Environment Sector Resources by County & Community

- Biking trails (50%). 28% % thought this was available.
 Neodesha (59%/20%) Fredonia (41%/37%)
- Camping facilities (41%). 38% % thought this was available.
 Neodesha (50%/28%) Fredonia (32%/46%)
- Walking/running trails (40%). 41% % thought this was available.
 Neodesha (50%/28%) Fredonia (29%/55%)
- Parks and Recreations Department-sponsored activities for all ages (31%). 43% % thought this was available.
 Neodesha (34%/43%) Fredonia (28%/45%)
- Community supported agriculture (31%). 41% % thought this was available.
 Neodesha (36%/35%) Fredonia (27%/48%)
- Food and Farm Council (30%). 21% thought this was available.
 Neodesha (33%/17%) Fredonia (27%/25%)



Next Steps

- Focus groups to discuss the top 4-6 priorities in each sector
- Schedule **two-three 1 ½ hour focus groups per sector on differing days of the week, weeks, and times**
 - **Date options** Weds. – Fri., June 12-14, Mon. – Weds. July 1-3, &/or Mon. – Fri. July 8-12
 - **Your responsibilities:**
 - Share and discuss the data widely
 - Determine incentives for participation in focus groups
 - Determine locations for focus groups
 - Determine process for people to register for focus groups
 - Promote focus groups and encourage people to participate

